twoWeeks

Concussion & injury tracking

Let's make the game safer.

Injury reporting is inconsistent with no real-time visibility of player wellbeing.

Executive
Summary

The twoWeeks platform is a cloud-based reporting tool for sports clubs. Replacing the paper form, the app is used by trainers to report injuries back to the club officials.

The platform launched at the start of Season 2022 and was used by East Brighton Vampires JFC throughout the season.

The data captured during the season provided valuable insights into player injuries and formed the basis for analysis of injuries sustained during games across player cohort.

Existing medical conditions provided by the guardians were listed in the app, empowering trainers to make informed decision at time of injury.

- Easy to implement

- Easy to use

- Reporting capabilities, trends and recurring injuries

- Access to historical data

- Available on both App Store and Google Play

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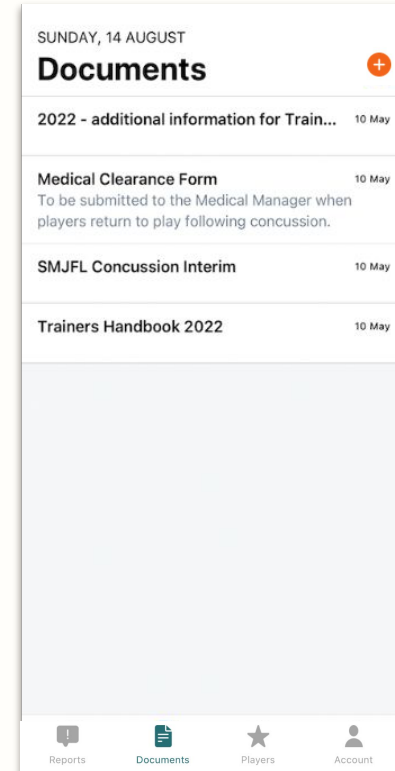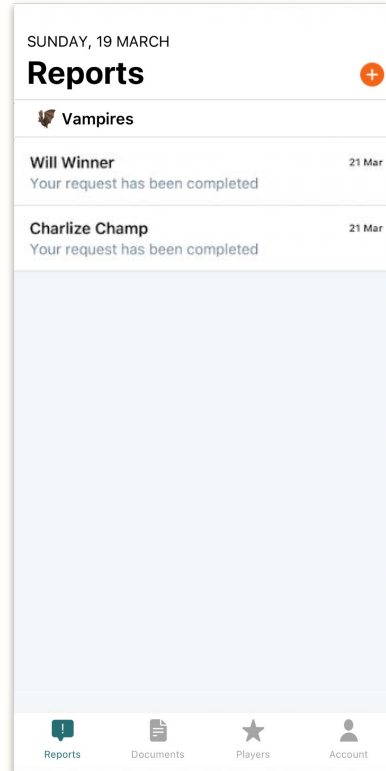- Available on both App Store and Google Play

Download on the App Store

GET IT ON Google Play

Two weeks — that's how long a player is recommended to rest before returning to sports after a concussion diagnosis.

Reporting
Tool

The twoWeeks platform is a reporting tool for sports clubs and other organisations where injuries may occur.

It allows you to:

- Create and submit injury reports

- Track injury types

- Monitor emerging trends like recurring injuries

- Export and analyse injury data

- Upload and view handbooks and policy documents

- List players' existing medical conditions

SUNDAY, 19 MARCH
Reports

🦇 **Vampires**

Will Winner   21 Mar
Your request has been completed

Charlize Champ   21 Mar
Your request has been completed

Reports · Documents · Players · Account

SUNDAY, 14 AUGUST
Documents

2022 - additional information for Train...   10 May

Medical Clearance Form   10 May
To be submitted to the Medical Manager when
players return to play following concussion.

SMJFL Concussion Interim   10 May

Trainers Handbook 2022   10 May

Reports · Documents · Players · Account

Simple Process
Cloud-based Structure

Accessible on any device with real-time visibility across all reports.

Trainers use the mobile app (iOS or Android) to easily create and submit reports on the go. The reports are saved and immediately visible to the club officials responsible for medical reporting.

Club officials view reports, add notes and attach supporting files like doctors' certificates using a desktop or tablet device.

The process is seamless and information is shared instantly.

Player

Trainer assists player and submits report

Club official

AVAILABLE ON MOBILE, DESKTOP AND TABLET

Mobile App
Paper to Digital

Trainers can create and submit reports using their mobile.

They no longer have to print and bring paper forms to the games.

No more soggy paperwork!

PLEASE TAKE A FEW COPIES TO KEEP IN YOUR FOLDER TO COMPLETE WHEN YOU TREAT AN INJURY

NAME OF PLAYER: Click here to enter text.	DOB Click here to enter text.	DATE Click here to enter a date.	TIME: Click here to enter text.	GENDER Click here to enter text.
PARENTS NAME Click here to enter text.	EMAIL Click here to enter text.		MOBILE Click here to enter text.	
ANY KNOWN MEDICAL CONDITIONS? Click here to enter text.				
VENUE/GROUND: Click here to enter text.	UNDER Click here to enter text.		OPPOSITION TEAM Click here to enter text.	

☐ DRSABCD

TOTAPS / HISTORY
Click here to enter text.

ACTIVITY
☐ TRAINING
☐ WARM-UP/COMPETITION
☐ COOL-DOWN
OTHER Click here to enter text.

REASON FOR PRESENTING TO TRAINER
☐ NEW INJURY
OTHER Click here to enter text.

BODY REGION INJURED
Click here to enter text.

SUSPECTED NATURE OF INJURY/ILLNESS
☐ SOFT TISSUE
☐ HARD TISSUE E.G. FRACTURE
☐ WOUND/OPEN/GRAZE/ABRASION
☐ INFLAMMATION
☐ DISLOCATION
☐ BLISTER
☐ **SUSPECTED CONCUSSION *COMPLETE CONCUSSION RECOGNITION TOOL / HEAD CHECK APP**
☐ **LOSS OF CONSCIOUSNESS *COMPLETE CONCUSSION RECOGNITION TOOL / HEAD CHECK APP**
☐ RESPIRATORY
☐ UNSPECIFIED MEDICAL
OTHER Click here to enter text.

***A MEDICAL CLEARANCE FOR ANY BREAKS / CONCUSSION IS REQUIRED BEFORE PLAYER CAN RETURN TO TRAINING AND GAMES**

MECHANISM OF INJURY
☐ STRUCK BY OTHER PLAYER
☐ STRUCK BY BALL/OBJECT
☐ COLLISION WITH OTHER PLAYER
☐ COLLISION WITH FIXED OBJECT
☐ OVEREXERTION
☐ OVERUSE
☐ LANDING
☐ SLIP/TRIP/FALL/STUMBLE
☐ TEMPERATURE RELATED
OTHER Click here to enter text.

INITIAL TREATMENT
☐ REST AND MONITOR
☐ REFERRED ELSEWHERE
☐ **CONCUSSION RECOGNITION TOOL**
☐ RICER & WARNINGS
☐ SLING/SPLINT/IMMOBILISED
☐ TAPING ONLY
☐ DRESSING
☐ CRUTCHES
☐ STRETCHES/EXERCISES
OTHER Click here to enter text.

ADVICE GIVEN
☐ IMMEDIATE RETURN, UNRESTRICTED ACTIVITY
☐ ABLE TO RETURN WITH RESTRICTION
☐ ABLE TO RETURN BUT PLAYER CHOSE NOT TO
☐ UNABLE TO RETURN UNTIL CLEARANCE GIVEN
☐ REFERRED FOR FURTHER ASSESSMENT BEFORE RETURNING TO ACTIVITY

REFERRAL
☐ MEDICAL PRACTITIONER
☐ PHYSIOTHERAPIST
☐ AMBULANCE TRANSPORT
☐ HOSPITAL
OTHER Click here to enter text.

TREATING PERSON
TEAM TRAINER NAME
Click here to enter text.
SPORTS TRAINER ID
Click here to enter text.
MEDICAL PRACTITIONER ID
Click here to enter text.
OTHER
Click here to enter text.

CONCUSSION INFORMATION ADVICE CONFIRMING THAT THIS WAS HANDED TO PARENT OF PLAYER WITH SUSPECTED CONCUSSION AND THEY ARE UNABLE TO RETURN TO PLAY UNTIL MEDICAL CLEARNACE RECEIVED
Click here to enter text.

MEDICAL COORDINATOR USE:
MEDICAL CLEARANCE RECEIVED
Click here to enter text.

ASSESS ANY KNOCKS TO THE HEAD WITH THE POCKET CONCUSSION RECOGNITION TOOL - IF IN DOUBT, SIT THEM OUT! **RICER** REST, ICE, COMPRESSION, ELEVATION, REFERRAL
NO HARM NO HEAT, NO ALCOHOL, NO RUNNING, NO MASSAGE **DRSABCD DANGER, RESPONSE, SEND FOR HELP, AIRWAY, BREATHING, COMPRESSION DEFIBRILLATION**

Cancel   **Create Medical Report**

PLAYER NAME (REQUIRED)

Player   Select

INCIDENT DATE (REQUIRED)

11 Aug 2022

DANGER, RESPONSE, SEND FOR HELP, AIRWAY, BREATHING, COMPRESSION, DEFIBRILLATION

DRABCD   No

Suspected concussion   No

Injury   Select

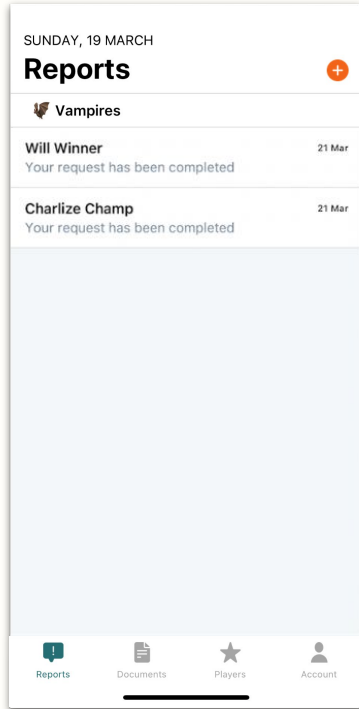Cause of injury   Select
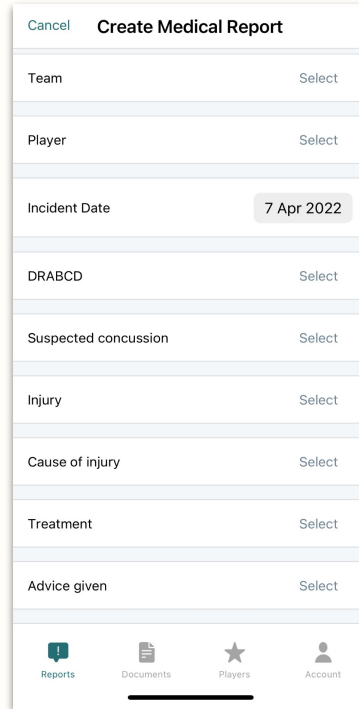
Treatment   Select

Treated by St John's or Colbrow?   No

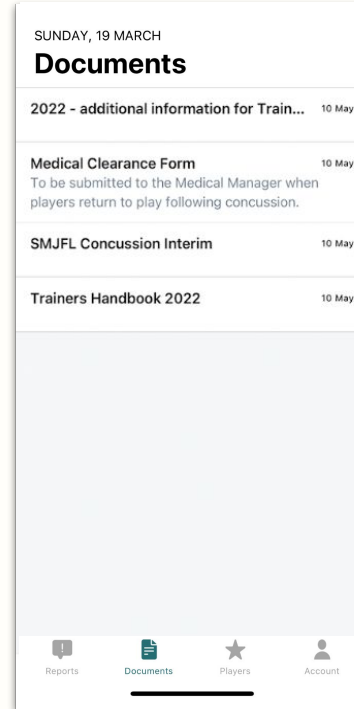Opposition club   Select

VENUE

ADDITIONAL COMMENTS

Submit

Reports   Documents   Players   Account

Mobile App
Screens

SUNDAY, 19 MARCH
Reports

🦇 Vampires

Will Winner   21 Mar
Your request has been completed

Charlize Champ   21 Mar
Your request has been completed

Reports | Documents | Players | Account

View submitted reports

Cancel   **Create Medical Report**

Team   Select

Player   Select

Incident Date   7 Apr 2022

DRABCD   Select

Suspected concussion   Select

Injury   Select

Cause of injury   Select

Treatment   Select

Advice given   Select

Reports | Documents | Players | Account

Create and submit new reports

SUNDAY, 19 MARCH
Documents

2022 - additional information for Train...   10 May

Medical Clearance Form   10 May
To be submitted to the Medical Manager when
players return to play following concussion.

SMJFL Concussion Interim   10 May

Trainers Handbook 2022   10 May

Reports | Documents | Players | Account

View documents

WEDNESDAY, 26 OCTOBER
Players

U16 - Boys - Div 1

First Name	Last Name	Medical Conditions
▓▓▓▓▓▓▓	
▓▓▓▓▓▓▓		past history - str...
▓▓▓▓▓▓▓	
▓▓▓▓▓▓▓	
▓▓▓▓▓▓▓	on
▓▓▓▓▓▓▓	a	Nut allergy.
▓▓▓▓▓▓▓		Epilepsy
▓▓▓▓▓▓▓	
▓▓▓▓▓▓▓		Nil
▓▓▓▓▓▓▓		None

Reports | Documents | Players | Account

View existing medical conditions

Club Portal
Reports
Inbox

Club official can access submitted reports via the club portal or mobile.

The reports list is easy to navigate. It looks and works just like an email inbox.

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twoWeeks

- Reports
- Documents
- Players
- Account

Reports

🦇 **Vampires**

Player name	injury	Concussion	Status	Submitted by	Incident Date
Harry Linder	L periorbital swelling and mild ...	Yes	Submitted	Simon Isles	07 Aug
Ben Summers	Hand injury	No	Submitted	Simon Isles	07 Aug
Jemima Pitts	Bruising	No	Submitted	Wendy Briscoe	31 Jul
Emily Hart	Bruising	No	Submitted	Rachel Marsden	31 Jul
Charles Calman	Elbow to eye area - accidental	No	Submitted	Karen Bennett	02 Aug
Thomas Moore	Bruising, Right thumb - base o...	No	Submitted	Karen Bennett	02 Aug
Hudson Haas	deep cut above/between eyeb...	No	Submitted	Karen Bennett	02 Aug
Remi Harris	Swollen and painful fingers	No	Submitted	Rachel Marsden	31 Jul
Cyan van der Merwe	Quad strain	No	Submitted	Wendy Briscoe	31 Jul
Scarlett Ettershank	Bad sprain to left arm - potenti...	No	Submitted	Penny Featherstone	31 Jul
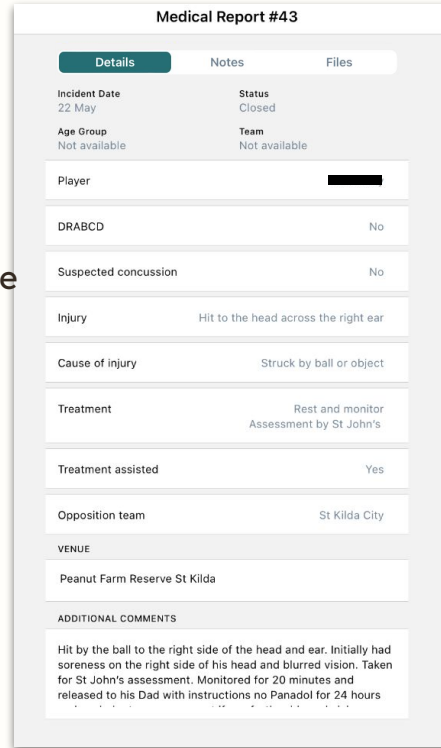
Club Portal
Processing Reports

Clicking on one of the reports in the inbox opens the details of the report.

Allowing the club official to add notes and attach supporting documents.

Once resolved, the reports are closed.

Medical Report #43

Details	Notes	Files

Incident Date	Status
22 May	Closed
Age Group	Team
Not available	Not available

Player	▬▬▬▬
DRABCD	No
Suspected concussion	No
Injury	Hit to the head across the right ear
Cause of injury	Struck by ball or object
Treatment	Rest and monitor Assessment by St John's
Treatment assisted	Yes
Opposition team	St Kilda City
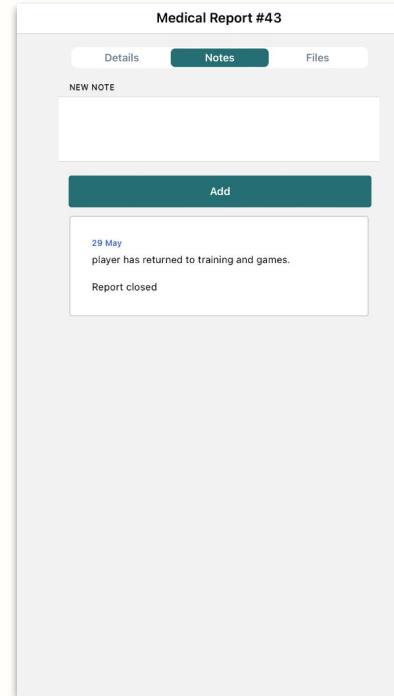
VENUE
Peanut Farm Reserve St Kilda

ADDITIONAL COMMENTS
Hit by the ball to the right side of the head and ear. Initially had soreness on the right side of his head and blurred vision. Taken for St John's assessment. Monitored for 20 minutes and released to his Dad with instructions no Panadol for 24 hours

View report details

Medical Report #43
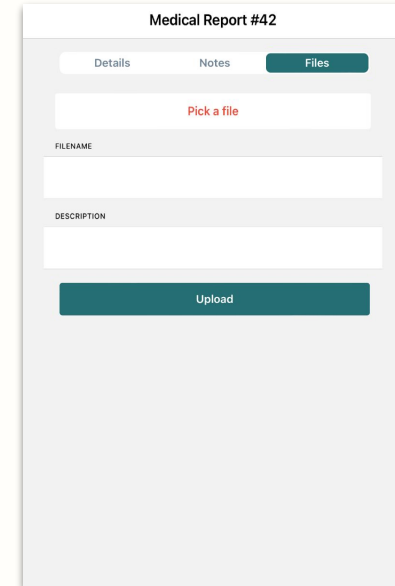
Details	Notes	Files

NEW NOTE

Add

29 May
player has returned to training and games.

Report closed

Add notes

Medical Report #42

Details	Notes	Files

Pick a file

FILENAME

DESCRIPTION

Upload

Upload doctors certificates and other files

Benefits of
Going Digital

Club Officials

- Reports are accessible in real-time
- Meaningful reporting capabilities
- Players' injury history is recorded and serious conditions flagged
- Trends like repeat occurrences identified
- No physical storage needed

Trainers

- Access to players' medical conditions
- Fast to complete and submit (no paperwork!)

Players

- More personalised treatment
- All injuries recorded for future reference contributing to a safer playing environment

Case Study
Pilot Overview

East Brighton Vampires JFC is one of SMJFL's largest clubs, with over 900 registered players.

The Club wanted to replace the paper version of the Medical Injury Report form with a digital solution.

Their goal was to:

- Make Trainers' job easier on the day - no more chasing wet paper forms blowing across the oval!

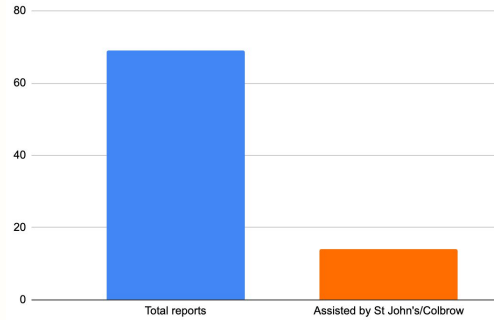- Capture data in a more structured and scientific way to analyse the injuries and ultimately make the game safer.
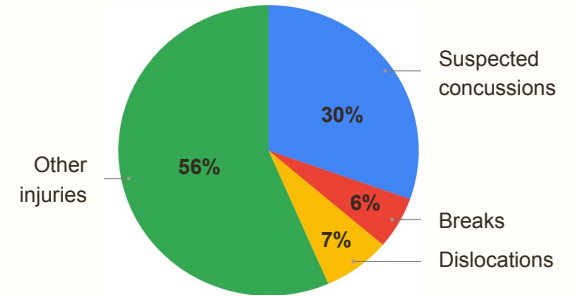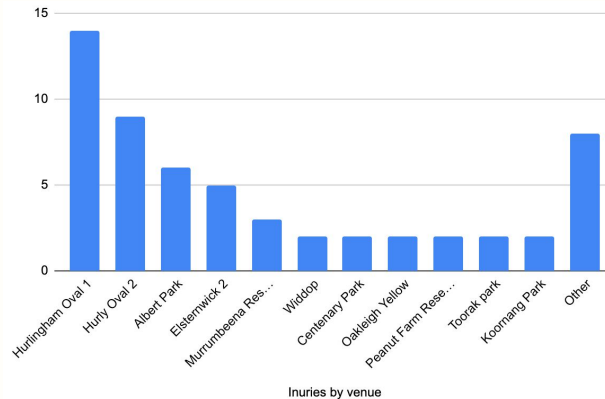
Case Study
Sample Reports

A selection of reports generated using exported data.

1. Assistance requested
2. Injuries by type
3. Injuries by venue

EBVJFC
VAMPIRES
Never Say Die

1. Number of times the trainer was assisted by a medical crew when treating player.

2. Evaluation from a medical professional was requested by the club official for all suspected concussions before player was cleared to participate in training and games.

3. Most of the injuries occurred at a full-size oval, suggesting older age groups are more prone to injuries. Review condition of the oval to ensure venue isn't posing additional risk.

Case Study
Pilot Conclusion

Trainers only bring their medical kits and their phones to the games. Minimal admin required post game.

Trainers are empowered by having quick access to vital information about players' medical conditions.

Trainers can quickly refer to medical handbooks and other Club and League Policy documents via the app - always with them.

The Club gains a new channel to communicate with volunteers to provide relevant information to each individual's role.

The Club has access to injury data which can be analysed to identify and implement potential improvements to processes where required.

The concept has been verified and the solution proved to capture and generate valuable data.

Pricing
Per Calendar Year

SMALL

$250
+ GST

- 15 teams or less
- Unlimited users
- Ongoing access

MEDIUM

$500
+ GST

- 16-30 teams
- Unlimited users
- Ongoing access

LARGE

$750
+ GST

- 31 teams or more
- Unlimited users
- Ongoing access

The annual fee varies by club size and is billed annually. Includes unlimited number of users users. See 'Inclusions' page for more detail. Pricing valid until 31 December 2023.

Pricing
Inclusions

The annual fee is billed each year of use.

The annual fee includes club setup, hosting and access to both the mobile app and the web-based Club Portal.

Access is ongoing and not restricted to seasons only, ensuring historical data analysis capabilities.

We care about privacy and don't share your data with anyone.

Annual fee includes:

- Configuration of medical injury form
- Onboarding club officials and trainers
- Promotional collateral
- Player list upload via excel, CSV or via API integration with registration database (if available)
- Platform hosting
- App upgrades and optimisations (iOS, Android and web)

Invoice emailed to club. Fees paid in full with payment due by the first day of the season. Fees non-refundable. Based on a 12 month contract renewing every time annual fees are paid. If contract ceases, data will be exported to excel and sent to the club and your data will be deleted.

Rollout

Setup

- Club Officials are onboarded and report form is finalised.

- Player and team lists are uploaded via excel, CSV or via API integration (if available).

- Trainers are onboarded (name and email address) and allocated to teams. This allows the Trainer to only see players in teams allocated to them.

Ongoing

- Clubs manage document uploads, ongoing report processing and analysis.

- Trainers are invited to download the app and complete their account registration before the first game.

- Trainers use the app to create and submit reports as required.

twoWeeks

A concussion & injury reporting tool for sports teams.

Contact us for a demo.

simpler.

A Simpler Software product.